

NAA Level 2 Archery Coach Certification Course

Sponsored by Desert Destroyers JOAD and Lawrence Brady

Lead Instructor:

Lawrence Brady

Level 4 National Archery Coach

Head Coach/Team Leader Desert Destroyers JOAD

Location:

La Cima Middle School

5600 N. La Canada Dr.

Dates and Times:

Friday August 12 6:00 PM until 10:00 PM

Saturday August 13 1:00 PM until 8:00 PM

Sunday August 14 9:00 AM until 6:00 PM

Saturday August 27 1:00 PM until 8:00 PM **

Sunday August 28 9:00 AM until 3:00 PM *

*Times to be adjusted to course instruction. We may finish sooner depending on participants.

**We may begin earlier for coaches to meet with individual students from Desert Destroyers JOAD.

Fees: \$50 per person includes coaching materials. Fees payable on the first day of class on Friday August 12. Make checks payable to Lawrence Brady.

Items to bring: your personal bow, arrows or arrow to fletch, water bottle, hat, and sunscreen. If you do not own a bow, one will be provided for you.

To pre-register and for more information contact Lawrence Brady at 520-955-3029 or by e-mail at lh.brady@att.net.

A Level 2 course requires 30 hours which is either taught in consecutive days, or by other arrangement (weekends, et cetera). You'll learn how to teach the NAA Level 1 course, how to maintain equipment, how to coach beginner archers, and how to create fun archery games to keep your Level 1 courses lively and exciting.

Course Outline

- 1. How to instruct new archers**
- 2. Archery Safety**
- 3. Parent/Instructor/Athlete Relationships**
- 4. Shooting Techniques**
- 5. Archery History**
- 6. Equipment Selection**
- 7. Coaching Effectiveness**
- 8. Problem Identification and Correction**
- 9. Equipment Set Up and Tuning**
- 10. Equipment Maintenance**
- 11. Constructing Bowstrings and Arrows**
- 12 NAA Programs**
- 13. Promotion and Publicity**
- 14. Teaching Level 1 Courses**
- 15. Developing a Coaches Development Plan**

Introduction to FITA Rules

(FITA is the international governing body for Olympic archery headquartered in Switzerland)

In addition to the Level 2 course manual, each participant receives

- **an NAA JOAD Handbook (how to set up a youth club called JOAD),**
- **an Athlete Competency Handout that gives an archery coach a quick rundown as to the technical and mental proficiencies an archer should have at each skill level beginner archery through word class,**
- **an Easton Guide to Arrow Selection and Bow Tuning handout,**
- **a handout on physical fitness and stretching,**
- **A membership application to the NAA.**

NAA membership is required in order for the NAA to recognize a Level 2 certification. Often, a Level 2 participant is already a member, but the applications are included just in case.